

MONTGOMERY COUNTY COMMUNITY COLLEGE
Nursing Program
NUR 211 Nursing Care of Clients with Complex Health Care Needs

Course Syllabus

8 Credits (8-4-12)

COURSE DESCRIPTION

This course focuses on the use of the nursing process to assist clients across the lifespan experiencing frequently seen complex health care needs. There will be an emphasis on increasing autonomy within an expanded scope of nursing practice. Clinical experience will occur in a variety of settings.

COURSE OBJECTIVES

1. Critically analyze knowledge from the sciences and humanities for relevance to nursing practice
2. Formulate a plan of care to meet the complex health care needs of individuals and small groups
3. Use advanced therapeutic communications in meeting the complex needs of individuals and small groups
4. Assume increased autonomy in identifying legal-ethical issues in nursing practice
5. Consistently perform nursing skills independently with accuracy and efficiency
6. Function as a client advocate
7. Select activities that facilitate personal and professional growth
8. Analyze practice of self and others in relation to caring behaviors

PREREQUISITES

BIO 140; SOC 101; NUR 112 or NUR 050

PROGRESSION REQUIREMENT

ENG 102; PSY 136; Elective as identified in College Catalog

FACULTY

1. Full-time
 - a. Debbie Dalrymple (215-641-6475 or ddalrymp@mc3.edu, Office SC 222)
 - b. Barbara Shaeffer (215-641-6473 or bshaeffe@mc3.edu, Office SC 231)
 - c. Patricia Allen (215-641-6436 or pallen@mc3.edu, Office SC 246) - Team Leader
2. Part-time: See Course Blackboard

COURSE ORIENTATION

1. Schedule -- Class, seminar, clinical and lab as noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Mental Health Groups AG,AH <hr/> AE (2 nd half) 8:30 - 3 Med/Surgical Groups AD, AC: 7 - 3	Clinical Med/Surgical Group AE,AF 7 - 3	Med/Surgical Groups AG: 7-3 AH: 3 - 11 Mental Health Groups AC, AD, AF: <hr/> AE (1 st half) 8:30 - 3		Class 8-10 All Groups Seminar Groups AC, AF,AH: 10:10 - 12:10 Groups AD, AE, AG: 1:30 - 3:30	

2. Clinical Agencies
 - a. Central Montgomery Medical Center (215-368-2100)
 - b. Montgomery Hospital (610-270-2000)
 - c. Norristown State Hospital (610-313-1000)
 - d. Pottstown Memorial Medical Center (610-327-7000)
 - e. Phoenixville Hospital (610-983-1000)
 - f. Varied Community Agencies
3. Teaching Methodologies
 - a. Classroom activities
 - b. Blackboard
 - c. Selected readings
 - d. Computer assisted instruction
 - e. Clinical experiences and conferences
 - f. Self-paced learning module

GRADING

- | | | | | | |
|----|-------------------|-----|----|----------------------|-----|
| 1. | Tests (4) | 40% | 4. | Seminars | 20% |
| 2. | Client care paper | 20% | 5. | Clinical performance | S/U |
| 3. | Final exam | 20% | | | |

STUDENTS WITH DISABILITIES

It is the responsibility of the student to inform faculty about any special learning needs. We strongly encourage informing faculty of these needs prior to the semester. Any request for special testing accommodations must be accompanied with a letter from the office of the Director of Services for Students with Disabilities.

Students with disabilities may be eligible for accommodations in this course. Please contact the Director of Services for Students with Disabilities in the Counseling Center, College Hall 133, at (215) 641-6575/6577 for more information. At the West Campus, contact the Coordinator of Disability Services in the Student Development Center at (610) 718-1853.

STUDENT ACADEMIC CODE OF ETHICS

The Nursing faculty supports the College's *Student Academic Code of Ethics* which states, "In the pursuit of knowledge and scholarship, all members of the academic community at Montgomery County Community College must maintain a constant commitment to academic integrity. The College provides an environment that fosters critical thinking and judgment, and in order to safeguard the integrity of the institution, students are expected to follow the policies of the College and the faculty."

The *Student Academic Code of Ethics* includes definitions and examples of Academic Dishonesty including: Plagiarism, Cheating on Examinations and Assignments, and Aiding Another Student in Committing an Act of Academic Dishonesty. Violations of this code of ethics will result in sanctions, including possible dismissal from the College.

Students are responsible to access and read this document in the Montgomery County Community College Student Handbook Calendar and on the College's website.

It is the belief of the faculty that students should act in an ethical, as well as legal, manner. Therefore **cheating in any form will result in a grade of zero for the assignment** as well as possible disciplinary action as outlined in the Course Catalog under "Academic Discipline."

Cheating in the clinical area is unsatisfactory. After faculty review and discussion the student may receive a clinical failure.

PORTFOLIO REQUIREMENTS: The following items are recommended for inclusion in your portfolio: Client Care Paper; Nursing Care Plans; Journal Entries; Teaching-Learning Project; Nursing Databases; Seminar Prep.

MATH REQUIREMENT: Complete chapter 6, pp. 105-110 (BSA), 10 and 11 in Olsen, et al., Medical Dosage Calculations, 8th Edition. Notice of math workshop will be posted.

ATTENDANCE

For successful achievement of course objectives, students are expected to attend all scheduled classes, seminars and clinical experiences prepared to participate. In the event of an absence, students are responsible for information covered, handouts distributed, and any changes in assignments. Should the college close, or begin at a later than usual time, the Emergency Day number is 320 and the Evening number is 2320. After checking the college's website, students should check the course Blackboard site for specifics related to class and/or clinical.

Students missing any exam are required to notify the instructor or administrative support secretary of the Nursing Program (215-641-6471) prior to 8:00 a.m. on the exam day. Arrangements to take a make-up exam are to be made with the NUR 211 faculty within 24 hours of the original test time. Failure to follow these instructions may result in a "0" grade for that test. Students planning to attend seminar on a test day must complete the test prior to attending seminar. Tests must be taken within one week of the original test date. Five points will be deducted from the test score for each day past one week. A different version of the exam may be substituted for make-up. In accordance with Nursing Program policy, students must maintain an average of 75% on tested material to pass the course.

Students will be able to review their tests on the class day following the exam from 12:30-1pm. Students desiring additional test review may request an appointment with a course faculty member or the nursing program tutor.

Clinical experience is evaluated each semester. Grading is satisfactory or unsatisfactory. In addition to performance in the clinical area, the clinical grade includes laboratory practice, assessment skills, and care plans and journaling. An unsatisfactory clinical grade will result in a failure of the course.

TEXTBOOKS

New:

1. Varcarolis, Elizabeth (2006) 5th Edition. *Foundations of Psychiatric-Mental Health Nursing*. Philadelphia: W. B. Saunders Company.

Already purchased:

2. Lewis, S., Heitkemper, M., Dirksen, S., 6th edition (2004). *Medical surgical nursing*. Missouri: Mosby.
3. Doenges, M.E., and Moorhouse, M.F., 8th edition (2002). *Nurse's pocket guide: Diagnoses, interventions and rationales*. Philadelphia: Davis. .
4. Van Luellen,A.M.,Kranpitz,T.R., & Smith L., 2nd edition (2006). *Laboratory and Diagnostic Test with Nursing Implications*. Philadelphia: F.A. Davis.
5. Deglin, J.H., and Vallerand, A.H., 8th edition (2003). *Drug guide for nurses*. Philadelphia: Davis.
6. Olsen, J.L., Giangrasso, A.P., and Shrimpton, D., 8th edition (2004). *Medical dosage calculations*. Menlo Park, CA: Addison-Wesley.
7. Other texts from previous nursing courses, as needed.

Optional texts:

Myers, E. (2003). RNotes: Philadelphia: F.A. Davis. *Nurses clinical pocket guide*.

Varcarolis, E. (2006) (5th edition). *Manual of Psychiatric Nursing Care Plans*. Philadelphia: W.B. Saunders Company.

American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th edition). Washington, DC: American Psychological Association.

HOMEWORK LOAD

Greater than 20 hours per week (2-3 hours per week per credit) with independent lab time.

Nursing Program
NUR 211
Nursing Care of Clients with Complex Health Care Needs
Client Care Paper

This paper utilizes the course objectives as a framework. The purpose of the paper is to integrate theory related to the human needs of clients with complex health care problems into the student's actual practice. By identifying concepts from current nursing literature, the student will develop a deeper and broader understanding of the nursing process, nurse-client relationship and roles of the nurse.

1. Choose a client you have cared for in NUR 211.
2. Utilize at least three nursing journal articles (written within the last 5 years) which explore nursing care of your chosen client. At least one of these articles must be a report of a nursing research study. Critically analyze your use of nursing process as it relates to evidence-based research.
3. Maximum paper length is 15 pages (not including the title page, abstract or reference pages).
4. Additional resources such as texts and the Internet may also be used, as appropriate.

All papers must be typed, using APA format (abstract required; name on cover page; use of first person allowed), and securely fastened with staples. Do not put papers in folders or attach articles. For any clients you discuss in your paper, attach original databases and nursing care plans as appendices. Papers will include 5 points for neatness, clarity, conciseness, form, grammar and spelling. Papers are considered late if not received by 8 a.m. on the identified date. Late papers will receive a 5 point per day penalty for each day late, including weekends.

Outline of required content:

- I. **RESEARCH (20 points):** You must reference current nursing journal articles, research studies as well as other resources that are applicable to explore your topic. Integrate the results of your research and explore how it is relevant to your clinical experiences with one or more clients.
- II. **APPLICATION:** The following areas must be addressed in your paper, using information from current nursing literature and applying it to your clinical experience.
 - A. **Nursing Care Planning (20 points):** Critically analyze your use of the nursing process considering your research on the topic, to demonstrate evidence-based nursing care.
 - B. **Communication And The Nurse-Client Relationship (20 points):** Describe the progression of the nurse-client relationship and how it was affected by your client's health care needs and the setting. Include examples of nurse and client verbalizations and behaviors, which indicate characteristics of the various phases of the relationship. Describe your own feelings and reactions as they effect the interaction. Give examples and analyze how your use of communication skills (both therapeutic and non-therapeutic) impacted the quality of nursing care delivered to the client.

C. **Understanding Client Behavior (20 points):** Analyze and give examples of how each of the following influences the clients' responses to his/her health care need:

1. Cultural and spiritual value system
2. Functional developmental level
3. Defense mechanisms and coping skills

D. **Roles Of The Nurse (15):** Describe how you were able to enact the roles of the nurse with the client:

1. **Provider of Care** - analyze your caring behaviors with the client, utilizing the five essential themes of a caring experience (authentic presence, competence, emotional support, physical comforting and positive consequences) as described in Beck, C. (1993). "Caring relationships between nursing students and their patients." *Nurse Educator*. 18(5): 28-32.
2. **Manager of Care** - discuss time management, utilization and coordination of resources, delegation and client advocacy.
3. **Member within the Profession of Nursing** - discuss legal/ethical issues; identify areas of and for personal and professional growth.

NUR 211
Course Summary

Week	Class	Seminar	Clinical Focus PRE-CLINICAL DAY Safety: orientation and skills fair
1	Course orientation, role of the nurse and application of nursing process to clients with complex health care needs	Safety/protection from infection: Nursing care of the immuno-compromised client with a stigmatizing disease	Application of nursing process Safety/Protection from infection Psycho-social: Altered family processes Role of the nurse: Member of the profession
2	Communications: nurse-client relations, group process, therapeutic milieu and family systems Cultural and spiritual needs of clients with complex health care needs	Nursing care of clients with alterations in mental health: Clients with developmentally related mental health needs	Spiritual and Psycho-social Considerations: Developmental, Cultural Psycho-Social: Altered growth and development Role of the Nurse: Communicator
3	Alterations in Mental Health: Levels of anxiety and anxiety disorders	Nursing care of clients with alterations in mental health: The client in crisis, abusive syndromes or rape	Psycho-social: Anxiety Alterations in mental health: anxieties and crisis's Role of the Nurse: Counselor
4	TEST 1 Alterations in Mental Health: Somatoform and psychophysiological disorders	Nursing care of clients with psychophysiological disorders: The client with arrhythmias or a myocardial infarction	Psycho-social: Ineffective Denial Psychophysiological disorders Alterations in circulation Role of the Nurse: Comforter
5	Alterations in Oxygenation	Nursing care of clients with alterations in oxygenation: Clients with respiratory distress disorders	Alterations in oxygenation Psycho-social: Powerlessness Role of the Nurse: Care Giver
6	Alteration in Mental Health: Schizophrenia	Nursing care of clients with altered mental health and fluid and electrolyte imbalance: The client with schizophrenia and water intoxication	Psycho-social: Impaired thought processes Alterations in fluid and electrolyte balance Role of the Nurse: Advocate

7	TEST 2 Alterations in Mental Health: Dissociative and Personality Disorders	Nursing care of clients with alteration in mental health and infectious diseases: The client with borderline personality disorder and tuberculosis	Psycho-social: Ineffective Management of Therapeutic Regimen Safety/Protection from Infection Role of the Nurse: Teacher
8	Alteration in Mental Health: Mood Disorders	Nursing care of clients with altered mental health: The client with a mood disorder	Psycho-social: Hopelessness Alterations in mood Role of the Nurse: Manager
9	Alteration in Regulation and Sensation: Infectious Diseases and Neoplasms	Nursing care of clients with endocrine based impaired regulation and sensation: The client with pancreatic, thyroid or adrenal dysfunction	Psycho-social: Self esteem Disturbance Alterations in regulation and sensation Role of the Nurse: Discharge planner
10	TEST 3 Alterations in Circulation: Cardiac	Nursing care of clients with altered circulation and surgery	Psycho-social: Body Image Disturbance Altered Patterns of Sexuality Alterations in circulation Role of the Nurse: Researcher
11	Alteration in Urinary Elimination	Nursing care of clients with impaired urinary elimination and fluid and electrolyte imbalance: The client with renal failure	Psycho-social: Defensive coping Decisional conflict Alterations in urinary elimination Role of the Nurse: Decision Maker
12	Alteration in Mental Health: Substance Abuse	Nursing care of clients with alteration in nutrition and mental health: The client with eating disorders	Psycho-social: Ineffective Individual Coping Behaviors Alterations in Nutrition Role of the Nurse: Role model
13	Alteration in Nutrition: Pancreatic and Liver Dysfunction	Nursing care of clients with altered activity: The client with joint replacement or disfiguring surgery	Psycho-social: Fear Alterations in activity and rest and sleep Role of the Nurse: Rehabilitator
14	TEST 4 Alteration in Circulation: Hematologic	Nursing care of clients with alteration in bowel elimination: The client with bowel cancer	No Clinical