

**Concepts of Nursing
NUR 106
Spring 2007**

"I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my profession. With loyalty will I endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care."

"The Nightingale Pledge"

Dates to remember:



Tests – February 19 April 2 Finals Week

Assignments – February 12: Journal Review
March 19: Nurse Interview

Research Paper and Group Journal – April 23

Student Nurse: _____

MONTGOMERY COUNTY COMMUNITY COLLEGE
Department of Nursing
NUR 106, Concepts of Nursing
Course Syllabus

CREDITS: 3 Credits (3-3-0)

COURSE DESCRIPTION:

This course focuses on those basic concepts which form the foundation of nursing practice, including nursing history, caring, health, wellness-illness, nursing process, communication, teaching-learning, legal-ethical principles of practice, cultural diversity, spirituality, theories of growth and development, and scope of nursing within the health care system. Examination of nursing theories helps introduce the philosophy and conceptual framework of the nursing program. This is a non-clinical course.

FACULTY:

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COURSE OBJECTIVES:

1. Describe the basic concepts essential to professional nursing practice.
2. Relate trends in society to the historical development of nursing as a profession.
3. Describe the process of socialization into professional nursing.
4. Explain the roles of the nurse.
5. Recognize the legal and ethical concepts upon which professional nursing is based.
6. Identify the components of the health care delivery system and nursing's role within the system.
7. Illustrate the role of critical thinking in professional nursing practice.
8. Compare and contrast the influences of nurse theorists in the development of professional nursing.

PRE-REQUISITES: None

CO-REQUISITES: BIO 131, ENG 101, PSY 101

COURSE ORIENTATION:

1. **Schedule:** Monday 6:00 – 9:10 PM

2. **Teaching Methodology:**

Recognizing that students learn in a variety of ways and have greater satisfaction with the learning process when they are actively involved, this course is designed to be an interactive course. While the following strategies may be used, it is expected that students, as learners, will be as active as the instructor, as facilitator. The predominant strategies include:

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|---------------------------------------|-----------------------------------|
| a. classroom presentations | e. group projects |
| b. Interactive classroom | f. discussion |
| c. computer based learning activities | g. variety of writing assignments |
| d. independent and required readings | |

Being successful at being interactive means remembering a few key points.

- It is not television where you just get to watch.
- While you do not need to shout, you do need to project sufficiently for the microphone to send your message clearly to the other site
- Extraneous sounds such as side discussions and paper shuffling can be distracting because the sound is transmitted to the other site. Try to limit this type of activity.
- Don't play with the wires going to the microphone or with the microphone itself. It has been placed to maximize its' effectiveness.
- Look at the camera when speaking in order to project your image to the other site. If you were actually in the other classroom we would all know what each other looked like.
- Be sure to let the instructor or building administrator know if you are having trouble seeing or hearing as soon as you realize it.
- The more you share, the less you will be aware of the equipment. It is just a tool to help us provide easier access for students. In this case it really does go away if you ignore it!
- Lag time occurs between the speaker and the actual words being heard. Don't shout out an answer without allowing that lag time to occur.

The course Blackboard site can be found via <http://courses.mc3.edu> and the faculty webpage can be found at <http://faculty.mc3.edu/ddalrymp/webpage.htm>. In the event of school closing, please check Blackboard for specific class information.

3. Grading

Group project	20%
Written assignments (2)	30%
Class Participation	20%
Tested material (3)	30%

While the instructor will evaluate individual instances, the following is a nursing program policy: If absent from class on a test day, notification of the instructor (215-641-6475 or ddalrymp@mc3.edu) before the test is given is required. The student is responsible for contacting the instructor within 24 hours of the test to schedule a make-up test. Failure to follow above instructions may result in a "0" for the test involved. **An average of 75% on all tested material is required for successful completion of the course.**

Discussion provides a forum for sharing of individual understanding and promotes learning. It causes us to contemplate the issues and form opinions, which further develops an individual's values and beliefs and provides support for nursing practice. Students, as peers, are expected to contribute positively to discussions in class and online. Your experiences and questions are critical to the success of class discussion; therefore participation is graded based on identified criteria. The criteria are used to evaluate your level of participation each week. Your final grade will reflect an average of the weekly assessments.

The criteria for participation can be broken into 4 categories: attendance, group process, participation and preparation. Group process includes, but is not limited to, attitude, respect, courtesy, self-evaluation, attentiveness and openness. Participation includes, but is not limited to, your ability to consistently share insight and experiences, willingness

to speak, and answering and asking questions. Preparation includes evidence of completion of pre-class activities. Homework assignments will be posted in Blackboard in the designated discussion forum each week for discussion.

The learning and grade you achieve in this course is a direct result of the effort you put into it. If you are unable to make this commitment, do not take this course. If you find you're consistently spending more than the suggested amount of time, you may need:

- help with time management and study skills - visit the Counseling Center
- assistance with identifying learning priorities - talk with your instructor or the Counseling Center
- pre-requisite skills in either content or technology - talk with the nursing advisor to re-schedule this course

The grading policy for the nursing program, as outlined in the Nursing Student Handbook, identifies the following range for final grades:

- A = 100 – 93%
- B = 92 – 84%
- C = 83 – 75%
- D = 74 – 70%

Students with disabilities may be eligible for accommodations in this course. Please contact the Director of Services for Students with Disabilities in College Hall 133 at (215) 641-6575 for more information. At the West Campus, contact the Coordinator of Disability Services in the Student Development Center at (610) 718-1853. It is the responsibility of the student to notify an instructor at the start of the semester of any special learning needs.

4. Student Academic Code of Ethics

It is the belief of the Nursing faculty that students should act in an ethical, as well as legal, manner. Further, the Nursing Faculty supports the College's *Student Academic Code of Ethics* which states, "In the pursuit of knowledge and scholarship, all members of the academic community at Montgomery County Community College must maintain a constant commitment to academic integrity. The College provides an environment that fosters critical thinking and judgment, and in order to safeguard the integrity of the institution, students are expected to follow the policies of the College and the faculty."

The *Student Academic Code of Ethics* includes definitions and examples of Academic Dishonesty including: plagiarism, Cheating on Exams and Assignments, and Aiding Another Student in Committing an Act of Academic Dishonesty. Therefore, cheating in any form will result in a grade of zero for the assignment, as well as possible disciplinary action as outlined in the *Student Academic Code of Ethics*. Violations of this code of ethics will result in sanctions, including possible dismissal from the College. Students are responsible to access and read this document in the Montgomery County Community College Student Handbook Calendar and on the College's website.

5. Attendance:

For successful achievement of classroom goals, students are expected to attend all scheduled classes. In the event of an absence, students are responsible for information covered, handouts distributed, and any changes in assignments. Students may also check the Blackboard course website for course announcements and handouts.

6. Textbooks:

- A. Doenges, M., Moorhouse, M., and Geissler-Murr, AC (2004 9th edition). *Nurse's Pocket Guide: Diagnoses, Interventions and Rationales*. Philadelphia: PA: F.A. Davis
- B. Kozier, B., Erb, G., Berman, A.J. and Snyder. S.. (2004, 7th edition). *Fundamentals of Nursing*. Upper Saddle River, NJ: Prentice Hall
- C. Olsen, J.L., and Giangrasso, A.P. (2003). *Medical Dosage Calculations* (8th edition). Menlo Park, Ca: Addison-Wesley (Recommended; Chapters 1-6 are required prior to starting NUR 110)
- D. A medical-nursing dictionary of the learner's choice (strongly recommended)
- E. American Psychological Association (2001). *Publication Manual of the American Psychological Association*. Washington, D.C.: American Psychological Association (strongly recommended)
- F. Several additional supportive texts on test-taking and student success are available in the bookstore for student purchase. Other materials may be required and may be made available directly to the student or via the College's library reserve or its computer network.

7. Homework Load:

Homework and outside of class preparation should require approximately four to six hours a week.

Topical outline

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| I. Orientation to course | IX. Health and Wellness: a nursing perspective |
| II. History of Nursing | X. Health Care Delivery Systems |
| III. Professional Socialization | XI. Problem solving, Critical thinking and Nursing Process |
| IV. Communication | XII. Teaching Learning Principles |
| V. Caring and Spiritual Needs | XIII. Legal/Ethical Principles of Practice |
| VI. Social, Cultural, Ethnic Considerations | |
| VII. Practice and profession of nursing | |
| VIII. Nursing theories and conceptual frameworks | |

NUR 106 - Concepts of Nursing Written Assignments

All papers must be typed in narrative form using APA format as outlined in the Nursing Student Handbook and securely fastened with staples. No covers, please. An abstract and title page is required for all written assignments. All papers include 10 points for neatness, completeness, clarity, conciseness, format, grammar and spelling. Late papers will receive a 5-point per day penalty for each day, including weekends, late. Be prepared to discuss all assignments in class and/or in Blackboard.

Written Assignment #1 Journal Review (15%)

Objectives:

1. Review current literature related to a specialty area of nursing
2. Identify the impact of professional organizations on nursing practice
3. Utilize library resources to complete a writing assignment
4. Acquaint students with the process of professional socialization

Due Date: Class 4

This written assignment will be based on your review of an official publication of an American based professional nursing organization. It is to be written in narrative form and should include a title page and an abstract. Online journals and non-professional magazines including, but not limited to, AMERICAN JOURNAL OF NURSING, RN, NURSING, ADVANCE, NURSING SPECTRUM, and IMPRINT are **not** acceptable and may not be used for this library assignment. A resource for finding a professional nursing organization is: <http://www.nursingworld.org/affil/>. You will see a list of organizations under the heading *Organizational Affiliates*. The organization's journal can be found by searching for the word "journal", looking under membership benefits or via the organization's site map.

Part 1 Review of Journal (47 points - include copy of journal table of contents 2 points)

- full name and date of publication (must be within 1 year) (Is it available online as well?) (5 points)
- sponsoring professional organization (Include a discussion of the organization) (5 points)
- major audience (Who are the target readers? How can a nursing student use the journal? How do you think a nurse would use this journal? (5 points)
- identification of why you selected this journal What attracted you to this journal? (5 points)
- identification of major topics, features, articles and sections (i.e. Editorial sections/Drug watch/ Ethical-Legal departments etc.) within the journal (DO NOT simply list the headings of the departments; explore what type of things are included and of what value they are.) (15 points)
- identification of what you learned from doing this activity (10 points)

Part 2 Review of article (43 points – include copy of article 2 points)

Select a feature article, with references, to review, **NOT** a column, department or opinion. Identify the article using correct bibliographic APA format within the body of the paper, as well as on the reference page required by APA (5 points). First, summarize

the content of the article in approximately 100 words (11 points). Then, answer the following questions about the article:

1. Why did you choose this article? (5 points)
2. How does this article affect the way you understand nursing? What did you learn about “nursing” from reading this article? Do you see nursing from a different perspective after reading this article? Explain why or why not. (5 points)
3. How does this article reflect research? (5 points)
4. What potential impact would this topic have on healthcare and healthcare consumers? How does the topic “fit” in the healthcare delivery system? Which members of the healthcare delivery team would be included? Picture yourself or your family members as the patient here, how do you think the standards of care/nursing practice presented in the article would affect you as the patient? Think also about patient accessibility to care, costs of any identified procedures, insurance factors, etc. Does the level of care identified present limitations to only certain patient populations? (5 points)
5. Identify within which of the three roles of the nurse the article falls (Provider of Care, Manager of Care, and Member of the Profession - refer to Nursing Student Handbook). Include the rationale for your decision. (5 points)

Written Assignment #2 Nursing Interview (15%)

Objectives:

1. To acquaint students with other registered nurses who are already practicing
2. To introduce students to the responsibility of being a member within the profession
3. To acquaint students with the process of professional socialization

Due Date: Class 8

This written assignment will be based on an interview with a professional Registered Nurse who is currently actively involved in any aspect of the Health Care Delivery System. If possible do not select a nurse who has been working less than one year. Answer each question in detail in narrative format. No question and answer format, please. The paper should address the following areas listed below and must follow APA guidelines for the title page and the body of the paper. No abstract or reference page is needed, unless you cite an author. Each question area is worth 9 points. The remaining 10 points will be given for grammar, spelling, neatness, clarity and APA format.

1. What is the educational preparation of the interviewee? How long has this nurse been in practice? What additional certifications does he or she have? Why did he/she choose to obtain these additional certifications? What value do they hold to this professional nurse?
2. What is this nurse's role within the Health Care Delivery System? Identify the type of Health Care Delivery System and/or unit within which this nurse works and describe his/her position. With what other members of the healthcare team does this nurse interact? Where else has the nurse worked? What attracted the nurse to this position?
3. Identify how the interviewee performs the 3 roles of the Associate Degree Nurse identified in the Nursing Program Philosophy – Provider of Care, Manager of Care and Member within the Profession of Nursing
4. Identify how the nurse utilizes the nursing process (assessment, diagnosing, planning, implementing, and evaluating) in practice. Be specific about each component.
5. How did this nurse demonstrate the basic concepts of nursing introduced in the first class? (All must be addressed)
6. How do the roles/responsibilities of this nurse compare with your expectations? (Cite examples)
7. What is the hiring institution's view of nursing? Are there different levels of nursing practice, such as "clinical ladders"? Are nurses involved in committees? Do the nurses get rewarded for their committee work? Are nurses encouraged to further their education? Are they rewarded for continuing their education? How does the nurse's philosophy of nursing compare with that of the hiring institution? How does this nurse define "*Professional Nursing Practice*"? What is it that he/she feels differentiates his/her practice from that of an LPN?

8. How have current trends in healthcare affected the nurse's professional experience? How has the nurse been affected long-term?
9. Ask one question of your own. Identify the question clearly and your rationale for asking the question. (Suggestions: What is the most interesting part of your job? What advice do you have for me as a future nurse? What skills should I be working on in school? What challenges did you face as a new graduate? How did you decide on your specialty?)
10. What did you learn from this assignment? Has what you learned changed your thoughts about entering the profession of nursing?

Research Paper: Nursing history and group process - Group project (20%)

Due date: Class 12 Discussion of papers will occur during last class

Purpose:

1. To evaluate societal trends affecting the development of nursing as a profession since the time of Florence Nightingale to today.
2. To provide students with the opportunity to participate in a group

This semester you will be participating in a team-generated research project, instead of a traditional individual research paper. This project will not only be the product of your own individual effort, but will be the result of collaboration between you and your team members. You will form teams of 3-4 students and write a historical paper that traces the changes that took place in Nursing and discusses the impact of one trend on the development of Nursing as a profession.

Assignment Guidelines:

1. Form a team of 3-4 students
2. Look at the key events in nursing and society that impacted on the growth of nursing as a profession. You may want to consider such topics as:
 - i. Governmental and legal regulations (i.e. licensure, certification, significant studies and laws)
 - ii. Conflict (i.e. bioterrorism, wars, societal conflict, political conflict)
 - iii. Economics (i.e. insurance, medically underserved, reimbursement, business, structure of the healthcare delivery system, use of evidence-based practice, biomedical research, nursing shortage)
 - iv. Social influences (society in general, human rights movement, demographic changes, women's healthcare issues, role of women, role of men, religion, education, consumer movement, complementary practices, wellness focus)
 - v. Cultural influences (i.e. Cultural diversity, African-American, Jewish, Asian, etc)
 - vi. Influential nurses of a particular timeframe (contribution, role as change agents, how they impacted or further developed the profession, why were they able to be effective, and how that effect has been continued today)
 - vii. Education (History of diploma, AD or baccalaureate level, entry into practice)
 - viii. Public image of Nursing
 - ix. Evolution of a specialty (in relation to society) or advance practice nursing (midwifery, Clinical Specialists or Nurse Practitioners)
3. Write a paper that traces what changes and trends related to the topic occurred and how these trends impacted on the development of nursing as a profession. Consider issues such as: nursing's power base, education requirements, licensure issues, nursing's relationship to other health care professionals, scientific changes and technology.
4. The paper length should be 10 pages or less. Include at least 5 references, 3 of which need to be published within the last 5 years. You may use textbooks, journals or appropriate internet resources (see <http://www.albany.edu/ltl/using/eval.html> for information related to evaluating web sites). If Internet sources are used, please include a hard copy of your information when you submit your paper. Be sure to check out the RESERVED references for Nursing 106 in the library (including

Nursing History Review which has many short articles on historical topics). Each campus has its own different collection of material. A title page, abstract and reference page is required for this assignment.

5. The team is expected to keep a journal to monitor their group process. The journal's first entry should indicate members of the group, the group goal, group norms, and the group's identified time frame, as well as, a meeting schedule, a group leader (acts as spokesman and coordinator) and a recorder (acts as secretary). The journal should document all meetings, attendees, discussions and group decisions. The topic your group wishes to explore and how you arrived at that choice should be included. The journal should reflect how the group functions and the roles of each member. As part of termination, include a 1-page summary of the group's evaluation of itself in the journal. Using the material presented in class, discuss the stages of group dynamics as related to your group. Include what you discovered that worked about your group process, as well as what did not work. The journal is to be turned in with your paper. It should be securely fastened, **but does not need to be typed.**
6. Recognizing that physical meetings can be difficult to arrange with everyone's schedules, each team will be provided a team page within Blackboard. This team page will allow you to meet via email, Discussion Board and chat. It is important to remember, that this a group activity, not an individual one! You will also be discussing your own contribution at the final discussion of research papers.
7. Individual notes must be handed in by each group member when the paper is submitted. Notes submitted late will have a 2 point/day late penalty. These notes should reflect how you went about your research, what resources you looked at, even if they were not used in the final project and your contribution to the paper. All members must do research in order to be able to discuss their own content at the final discussion on campus!
8. A completed individual group process grading sheet and the student's individual contribution is to be turned at the same time.

Grading: A grade will be given based on the individual contribution, the written report, the journal, the peer review and the group discussion as follows:

Written report	50 points (10 points for format includes APA format, neatness, clarity and unity)
Discussion	20 points (if an individual group member is absent the night of discussion, no (0) points will be awarded to that individual). Material not included in the paper may be included at this time.
Journal	10 points (includes group goal, norms, meeting summaries, termination summary)
Peer Review	10 points (includes preparation, participation, and attendance at group meetings. This will be graded individually by and for each member of the group. The average score will be counted for each student individually.)
Individual	10 points (determined by instructor. Students must submit individual portions of the group project to include: your rough notes, method of researching the material, rough

drafts, personal reference list, etc. at the time the research paper is submitted. 2 points per day will be deducted for late entries.)

A Group Project Interim Report is to be posted in Blackboard March 12 and should include: group members, project title, work completed, problems and questions.